

## Heritage Band Spring Trip Rules for Students

1. Rockdale Co. School rules and policies are in effect for this trip. You are counted “present” for any classes you may miss therefore for all intents and purposes you are considered “in school”. This of course includes the possession of alcohol, tobacco, or drugs. Violation of these or any other major offense will result in being sent home immediately and school disciplinary action taken.
2. A student’s conduct is extremely important. Whether you are on the bus, on the ship, at Disney, at a restaurant, or at the hotel, your behavior and attitude reflect on the reputation of this band. You will be expected to act maturely in many different types of situations while you are on this trip. How you interact with our chaperones and each other will be a big reflection on you.
3. CD players and other audio equipment will only be allowed with the use of headphones. The buses will have VCR and DVD players. Only movies rated G, PG or PG 13 will be shown and at the discretion of the chaperones on each bus.
4. Personal food and drinks may be brought on the bus, but drinks must have a cap and be able to be resealed. We must keep the buses clean.
5. Students are allowed one medium suitcase and one small carry-on. Your carry on should be your band tote bag with your name on it. Your Helmet and gloves must be in your bag.
6. Rooms are to be straightened up every time you leave them. If anything is damaged please notify a chaperone immediately. This goes for the hotel and the cruise rooms. Damage will need to be paid for but we don’t want an extra fee charged for unreported damage.
7. Absolutely no boys in girl’s rooms or vice versa.
8. You must follow curfew at night and be in your room on time. You may not leave your room after curfew for any reason. If an emergency comes up during the night, contact your room chaperone.
9. In order to keep 150 people on schedule and happy as well as getting to everything included in our itinerary, everyone must be at the right place at the right time. Please bring a watch and pay close attention to our itinerary.
10. Students are to be in your groups at all times. This includes the day at Disney and any time you get off the ship. This is an important rule for your safety and will be enforced. If you are seen alone you will be required to stay with a chaperone until other band students are located. All students will be assigned a specific chaperone to check in with for attendance purposes at various times throughout the trip.
11. While on the ship you do not have to stay with your group or roommates, but you **MUST** be with at least one other band student at all times. This can be students in your group list or your room. **Under no circumstances should you go anywhere by yourself.**
12. No students are permitted in any bar or in the casino. This is a band rule and a rule of the ship. Violation of this or of the ship’s curfew will result in confinement to your room enforced by cruise personnel. Your age and group are linked to your Sea Pass card and you will not be allowed access to these areas.
13. The success of this trip is directly related to your maturity and ability to follow directions with a good attitude. Any infractions of the rules **WILL** result in some type of disciplinary action including bus change, room change, in-room suspension, assignment to a chaperone during all free time, referral to the HHS administration upon return (goes on school record/suspension), being sent home at parent’s expense, or expulsion from the band. This trip is a reward for your hard work during marching and concert season and should be considered what it is – an honor and privilege.

## Packing List

1. Students are allowed one medium sized suitcase and one carry on (band tote bag)  
Your tote bag must contain your helmet and gloves along with any personal items you need on the bus.
2. Band instruments and all equipment needed for the parade performance.
3. Uniforms- Including Garment bag (**boldly labeled**), bibbers, jacket, band shirt, (or all black t shirt), tote bag, black socks, marching shoes, gloves, helmet, and flag uniforms.  
NOTE: We will be collecting all uniforms when we return to school at the end of the trip, you must turn everything in before you go home.
4. Spending money. \$100 is recommended. This includes meal stops to and from Orlando, lunch and dinner at Disney (breakfast and all meals on the ship are included). You also need to account for any souvenirs you may want to buy at Disney or in Nassau, soft drinks on the cruise, or any excursions you may want to do.
5. We expect the weather to be in the mid 70s. You may want to bring a light jacket for evenings. Casual clothes for Disney and Nassau, bring comfortable shoes for the day at Disney.
6. There is a formal night on the cruise. Suits or shirts/tie for guys, dresses for girls. Other nights are nice casual. Nicer than school clothes is preferred. Don't forget shoes for the evenings.
7. You are turning in your passport prior to leaving for the trip. These will be kept for you by our chaperones and will be filed by bus. You will receive your passport before we board the ship and it will be collected back from you as soon as we board. Your "sea pass card" is used to get on and off the ship during the cruise. Your passport will be reissued to you before we get off the ship once we are back in Florida, you will need it to pass through customs. Students will then be responsible for securing it in their luggage for the trip home.

### Packing List

- Uniforms and all performance items
  - Casual Clothes for daytime
  - Dressy casual clothes for 2 evenings
  - Formal clothes for 1 evening
  - Comfortable Shoes
  - Bathing suit
  - SUNSCREEN!
  - Sunglasses
  - Spending Money
  - Toiletries
  - Medications
  - Something to do on the bus ride, it's about 8 hours each way (books, mp3 players, movies, etc.)
- You do not need to bring any type of towels/linens. All linens are provided at the hotel and on board the ship, and beach towels are also available on board.

### **Other Information:**

1. All passengers will be issued a "Sea Pass" when boarding the ship. This acts as your room key, ID for exiting and reentering the ship when at port, and is linked to your on board account. Accounts can be set up with cash (\$50 minimum) or credit card. The card can be used for any on board purchases. This is an option and is not required.
2. Soft Drinks are not included on board. Juice, tea, lemonade, and water are available at all meals. Soft drinks can be purchased individually using your sea pass account or you can purchase an unlimited soft drink plan at the start of the cruise.
3. There is web access on the ship and can be purchased by the minute. It is expensive and should be limited. There is satellite phone service for outgoing and incoming calls. The fees are expensive and should only be used in case of an emergency. Most people are considered out of touch while on a cruise unless in case of emergency.
4. Cell Phones-TURN OFF YOUR CELL PHONES WHEN YOU BOARD THE SHIP AND DO NOT USE THEM WHILE ON THE CRUISE. You can check with your provider, but in most cases, outrageous fees apply when using your phone at sea or in a foreign port. Parents, please caution students about hundreds of dollars in cell phone bills, we don't want you to be surprised.
5. Sunscreen MUST be worn at all times when outdoors, especially in the Caribbean. The sun is hotter and more intense than at home and students will tend to burn easier. Students should not expect to get a full summer tan in the time we are gone. It is common for people to experience very bad sunburns on a cruise which will ruin your trip, please be very careful with this.
6. There is a straw market for shopping in Nassau. Know that you can bargain with the sellers and don't feel pressured into buying something. Students are not to get hair braids or tattoos.
7. Excursions are offered in all ports for an additional cost. A list of excursions that are allowed will be available. High adventure excursions such as wave runners or scuba diving will not be allowed.